

Worksheet 2

Snake!

Body Language

'At that moment, Ivor saw Alan was wide awake.

His eyes were staring. No, they were rolling.

What's the matter with him now? thought Ivor. He bent down.

*Alan's eyes met his. They were wide with fear He mouthed a single word —
"SNAKE!"*

Alan was able to communicate the terrifying predicament he was in by using his eyes and mouth. We often communicate our feelings to others without using words but by simply using our body gestures and facial expressions. This is called **body language**.

- Using the following examples, list **three ways** you could communicate your feelings to someone by using body language. The first one is done for you.
 - Feeling sad: *shoulders slumped, crying, head down*
 - Feeling cold: _____
 - Feeling angry: _____
 - Feeling scared: _____
 - Feeling excited: _____
- With a partner, use body language to role play to each other different emotions. See if you can guess the emotion that your partner is showing.

