

Worksheet 2

Nan

Alzheimer's Awareness

*I can refer your mother to a specialist if you like, but I'm almost certain she has Alzheimer's.
Several key symptoms are present: confusion, paranoia and memory loss.
There is no known cure, although medication may help in the short term.*

Facing a diagnosis of Alzheimer's in a loved one can be a daunting prospect for family members, especially children.

Task 1: Design a brochure providing simple facts about Alzheimer's for children who have a relative diagnosed with this disease. You can use facts from the story Nan and/ or research the information you need using relevant websites and/or non-fiction texts.

Include in your brochure:

- *A description of the disease*
- *Disease symptoms*
- *Treatment for the disease*
- *What to expect*
- *How others can help*
- *Safety Considerations*

Task 2: Offer your brochure to a local doctor who may be interested in passing on the information you researched to the younger family members of a patient diagnosed with Alzheimer's disease.

Extension Activities:

- Organise a visit to a local elderly residential facility and provide entertainment or information for the residents e.g. playing an instrument, singing songs or teaching a skill (like how to use a search engine on the internet).
- Write a reflective recount about a time when your family faced a very difficult situation. Include how you, personally, dealt with the experience and what the outcome was.