

## Worksheet 1

# Body Language

## *Body Related Idioms*

*Let's talk about eyes. For centuries, they've been called 'the windows to the soul' – because they reveal what's going on inside.*

**Idioms** (or idiomatic expressions) are informal sayings used by particular social and cultural groups. Idioms are not meant to be taken literally and have meanings that aren't readily apparent. In the *Body Language* excerpt above, 'windows to the soul' is an idiom used to describe the eyes. Unless you were familiar with this phrase, it would be very difficult to work out what the words are actually describing.

**Task 1:** Choose body parts from the table below to complete each idiom. (Some are used twice.)

<i>feet</i>	<i>stomach</i>	<i>knee</i>	<i>wrist</i>	<i>blood</i>
<i>head</i>	<i>hand</i>	<i>heels</i>	<i>tongue</i>	<i>ears</i>
<i>fingers</i>	<i>chin</i>	<i>eye</i>	<i>face</i>	<i>leg</i>
<i>shoulder</i>	<i>heart</i>	<i>arm</i>	<i>mouth</i>	<i>tooth</i>

1. A chip on your \_\_\_\_\_ : being upset over past events.
2. A slap on the \_\_\_\_\_ : a very mild punishment.
3. A slap in the \_\_\_\_\_ : insulting on every level.
4. It cost an \_\_\_\_\_ and a \_\_\_\_\_ : very expensive.
5. Apple of my \_\_\_\_\_ : adored above all others.
6. Bite your \_\_\_\_\_ : stop talking.
7. \_\_\_\_\_ is thicker than water: a family bond is the closest bond of all.
8. Break a \_\_\_\_\_ : good luck.
9. Cast iron \_\_\_\_\_ : being able to eat anything.
10. Cross your \_\_\_\_\_ : to hope something happens.
11. Finding your \_\_\_\_\_ : becoming more comfortable with something.
12. Flesh and \_\_\_\_\_ : family members.
13. Foaming at the \_\_\_\_\_ : being enraged about something.
14. Don't lose your \_\_\_\_\_ : try to stay calm.
15. \_\_\_\_\_ over \_\_\_\_\_ : in love.
16. In your \_\_\_\_\_ : disturbingly confronting.
17. Keep an \_\_\_\_\_ on him: watch him carefully.
18. Keep your \_\_\_\_\_ up: be brave in a tough situation.
19. \_\_\_\_\_ jerk reaction: a quick response without thinking.
20. Lend me your \_\_\_\_\_ : asking for someone to listen carefully.
21. Long in the \_\_\_\_\_ : old.
22. To bite the \_\_\_\_\_ that feeds you: taking advantage of a good situation.
23. To pull someone's \_\_\_\_\_ : play a trick on someone.
24. To wear your \_\_\_\_\_ on your sleeve: openly and freely expressing emotion.

### Extension Activities:

- Study how *clothing* can be a form of non-verbal communication. How do some cultures use clothing to communicate beliefs and values? How does clothing reflect authority? How does clothing represent belonging to certain groups?